

Client Name _____

Date _____

Skin type is often categorized according to the Fitzpatrick skin type scale, which ranges from very fair (skin type I) to very dark (skin type VI). The three main factors that influence skin type and the treatment program: • Genetic disposition • Reaction to sun exposure • Tanning habits. Skin type is determined genetically and is one of the many aspects of your overall appearance, which also includes color of eyes, hair, etc. The way your skin reacts to sun exposure is another important factor in correctly assessing your skin type. Recent tanning (sun bathing, artificial tanning or tanning creams) has a major impact on the evaluation of your skin color.

Please help us determine your skin type and treat you the right way by completing this questionnaire.

Circle the most appropriate response.

Genetic

Disposition

	0	1	2	3	4	Score
What is the natural color of your eyes?	Very Light Blue, Gray or Green	Medium: Gray or Green	Blue	Brown	Brownish Black	
What is the natural color of your hair?	Sandy or Red	Blond	Chestnut or Dark Blond	Dark Brown	Black	
What is the color of your non-exposed skin?	Reddish	Very Very Pale	Pale with Beige Tint	Light Brown	Dark Brown	
Do you have freckles on non-exposed areas?	Many	Several	Few	Incidental	None	

GENETIC DISPOSITION SCORE _____

Reaction to

Sun Exposure

	0	1	2	3	4	Score
What happens when you stay in sun too long?	Painful redness, blistering, peeling	Blistering followed by peeling	May burn occasionally followed by peeling	Rarely burns	Never burns	
To what degree do you turn brown?	Hardly or not at all	Very light color tan	Reasonable tan	Tan very easily	Turn dark brown quickly	
Do you turn brown within several hours after sun exposure?	Never	Rarely	Sometimes	Often	Always	
How does your face react to the sun?	Very sensitive, turns bright red quickly	Sensitive, somewhat reddens	Normal, minimal reaction	Very resistant	Never had a problem	

SUN REACTION SCORE _____

Tanning

Habits

	0	1	2	3	4	Score
When did you last expose the area to be treated to sun, tanning booth, cream or spray tan?	More than 3 months ago	2-3 months ago	1-2 months ago	Less than 1 month ago	Less than 2 weeks ago	
Have you exposed the area to be treated to the sun, tanning booth cream or spray tan?	Never	Hardly ever	Sometimes	Often	Always	

TANNING HABITS SCORE _____

If your total score is	Then your Fitzpatrick skin type is
0-7	I
8-16	II
17-25	III
26-30	IV
Over 30	V-VI

TOTAL SCORE _____